



FORM
FESTIVAL OF RECORDED MOVEMENT

SEPT 12–19, 2020

DIGITAL FESTIVAL PROGRAM

ABOUT	3
FESTIVAL EVENTS	10
SCREENINGS	18
COMMISSIONED FILMS	58

All Access Passes

The Pay What You Can All Access Pass is your ticket to all things F-O-R-M 2020

- 🧠 Six film screenings
- 🔥 Three special events
- 🗣️ Three artist talks
- 🙌 Two workshops

Live-stream links and access information will be emailed to all pass holders on the day of each event.

Sliding scale: \$5-\$70

Suggested donation: Youth \$20, General \$25

BUY YOUR PASS NOW

Visit f-o-r-m.ca/2020-passes

Welcome to the fifth annual F-O-R-M (Festival of Recorded Movement)! In 2015, F-O-R-M became Vancouver's first ever youth-focused movement on screen festival, and 2020 marks our first ever all-digital festival.

F-O-R-M was founded by dance artist Sophia Wolfe, with the support of Company 605 and Kristina Lemieux. F-O-R-M grew out of a desire for a platform in the city dedicated to young and emerging artists to create and share films that center around the body in motion. Since the festival's inception, we have continued to support youth and emerging artists through opportunities to learn and gain experience in the filmmaking process, while building a community of creators to share and present their work.

F-O-R-M engages audiences with films that inspire them to see movement from new perspectives. All of the films you will see over the course of the festival are made by artists in the very early stages of their creative endeavours and/or brand new to the process of making movement-based films. For some, this is the very first film they have ever created and for others, the first time it has been screened in a film festival context! By combining youth and emerging artists throughout our programming, we see an opportunity for each generation to inspire and learn from one another, spark conversation, expand networks, and build community.

We are excited to present a variety of films that deliver strong imagery of the human body in motion, explore the limitlessness of our physical capacity, and offer a sense of choreographic investigation between camera and movement. Our curatorial programming focuses on films that showcase unique and important stories of young individuals told through the power of movement and film. Our full week of screenings features films from local, national, and international artists, including filmmakers from Japan, Mexico, the United Kingdom, and more!

THE TEAM

Artistic Director:

Sophia Mai Wolfe

Youth Curator:

Tamar Tabori

Creative Producer:

Kristina Lemieux

Associate Producer:

Kayla De Vos

Graphic Designer:

Flory Huang

Communications Producer:

Annie Clarke

Festival Support:

Hân Phạm

Lori Lai

New Media Designer / Streaming Support:

Sammy Chien
(Chimerik 似不像)

Artistic Committee:

Char Loro
Hân Phạm
Jenna Berlyn
Mavelin-Ray Grace

Commissioning Artist Mentors:

Nancy Lee
Ella Cooper
Francesca Chudnoff

OUR SUPPORTERS

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Thank Yous:

Josh Martin, Lisa Gelley, April Thompson, Paul Wong

OUR SUPPORTERS



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The Dance Centre
New Works Performance Society
Dancer Transition Resource Centre
Reform Pilates
The Dance Current

MESSAGE FROM THE ARTISTIC DIRECTOR: SOPHIA WOLFE



Thank you all so much for supporting the fifth annual F-O-R-M! This is a meaningful milestone for us, as we celebrate five years of the festival as well as our first ever all-digital edition.

During these past few months of extreme uncertainty, social injustices, and societal divides, this year has proven to be especially trying for communities near and far. It has been trying for humanity as a whole. Amidst these changes and challenges, what drives me to bring F-O-R-M into the world for another year is witnessing the astonishing resilience of young artists and recognizing the importance of lifting up the voices of emerging talents—especially the voices of young QTBIPOC artists. These underrepresented stories showcase the creativity and resilience of movement and film artists locally and internationally, and inspire change.

I am thrilled to have you join us in the digital realm to experience and shed light on the work of the artists who are behind these important films.

In a time in which live events and performances have been cancelled or forced to adapt to a digital reality it has become even more essential for us to bring attention to these works. They offer imaginative spaces full of visual and sensorial qualities, and bring us into the intimate spaces and personal worlds of the artists.

I am forever grateful to the exceptional team of women who have brought the festival to life. I am so proud to be amidst these incredible leaders, creatives and producers who have poured so much of their time and love into the festival. Tamar, Kayla, Annie, Flory and Kristina, thank you for your unwavering drive to elevate the festival in ways I never imagined possible. Thank you for being such an integral part of what F-O-R-M has become.

A special thank you goes out to Lisa and Josh who helped bring F-O-R-M to life in 2015 since its inception. I am forever grateful for your continued contributions and support - the festival would not be possible without you.

And to our audience, thank YOU for taking the time to be a part of this movement and for celebrating these films with us. By witnessing and participating, you are contributing to an ever growing global community of young artists invested in creative expression through movement and film.

Sincerely,

A handwritten signature in black ink, appearing to read 'Sophia Wolfe'.

Sophia Wolfe

MESSAGE FROM OUR YOUTH CURATOR: TAMAR TABORI



Reflection is an act that often finds its way into our lives when we are grateful, humbled, and overwhelmed. I have found myself encompassed by F-O-R-M as an artist, Youth Curator, and upon reflection, a member of a community that expresses and dissects reality through our bodies, movement, and a camera. It is with a grateful, humbled, and overwhelmed heart that I join F-O-R-M this year and introduce you to our fifth festival.

This year's festival, and the life it has led prior to this week, comes at a time when reflection is occurring in necessary abundance. There are echoes of solitude, doubt, distress, and heaviness present in our daily lives. I look ahead and face uncertainty with anticipation. Curating this festival alongside Sophia and our artistic committee has grounded me in our capacity to move forward through creative expression. The artists that merge movement with film remind me that there are many ways to be loud, to be heard, to share ideas. Curating these works reflects an urgency to disseminate ideas widely. As an audience, I invite you to witness the movement. To take in, consider, digest and weave into your bodies what resonates into your daily lives.

F-O-R-M has created a world (this year a digital one) that invites youth and emerging artists to connect, collaborate, and take pride in their pursuit of an art form that is open to endless interpretations.

Thank you to all participating artists for sharing the worlds you have created. Thank you to Sophia, Kristina, Kayla, Flory, and Annie, the beating hearts of F-O-R-M, for showing me how powerful thoughtful, careful and considered teamwork can be.

Thank you, our audience, for celebrating with us during this unique time and witnessing the many points of views that make up this year's festival.

And with that, welcome to the fifth annual F-O-R-M!

Tamar Tabori

Donate today

#FORMturnsFIVE

Show some love for our youth-led festival with a donation! Whether it's \$5 or \$50, every contribution helps us provide opportunities for youth and emerging filmmakers by covering screening fees, commissioning costs, workshop facilitation, and so much more.

All donations over \$25 are tax-receiptable.

DONATE NOW

Visit f-o-r-m.ca/donate

Special Event FORMations

SAT SEPT 12, 10AM PST – SUN SEPT 13, 10AM PST



Photo by Sheng Ho

To kick off the festival, we want to pass the movement on to *you*. FORMations will be 24 hours of virtual movement tag, where your phone becomes a space for spontaneity, collaboration, and community building to unfold.

Join us on Instagram, where we'll start the chain on IG stories and tag two accounts to continue the movement chain. Wait until you're tagged or pick up the movement and start your own chain at any time - just remember to tag @formvancouver #FORMations2020 and two friends to keep it going! At the end of the 24 hours, we'll edit all the videos into a FORMations compilation that will be featured in our festival screenings. Check out the @formvancouver Instagram for more info.

Special Event BLUSCRN

FRI SEPT 18, 3PM PST



Co-Created by Ralph Escamillan (FAKEKNOT)
and Milton Lim
New Media: Milton Lim

Assistant/Performer: Daria Mikhaylyuk
Performer: Ralph Escamillan (FAKEKNOT)
Costume: Linda Chow

BLUSCRN is a collection of multimedia dance works exploring the impacts and imprints of flat media and hyper marketing onto the contemporary body. By using both live and post-production chroma keying softwares to filter and replace environments, objects, and clothing, the project asserts a simultaneous operation of the body as subject and object.

In translating physical space to a 2-dimensional screen, the artists examine the techniques of live performance, popular media, and cinema; all of which have their own concepts of image and ideation. These frameworks of imagination and immersion serve as a context from which we can observe the constantly changing landscape of body politic and social marketing.

This iteration of BLUSCRN will manifest as 3 distinct short films: BLUrm, BLUbrd, and BLUprnt – each containing a central question of how bodies behave within and transform beyond specific environments.

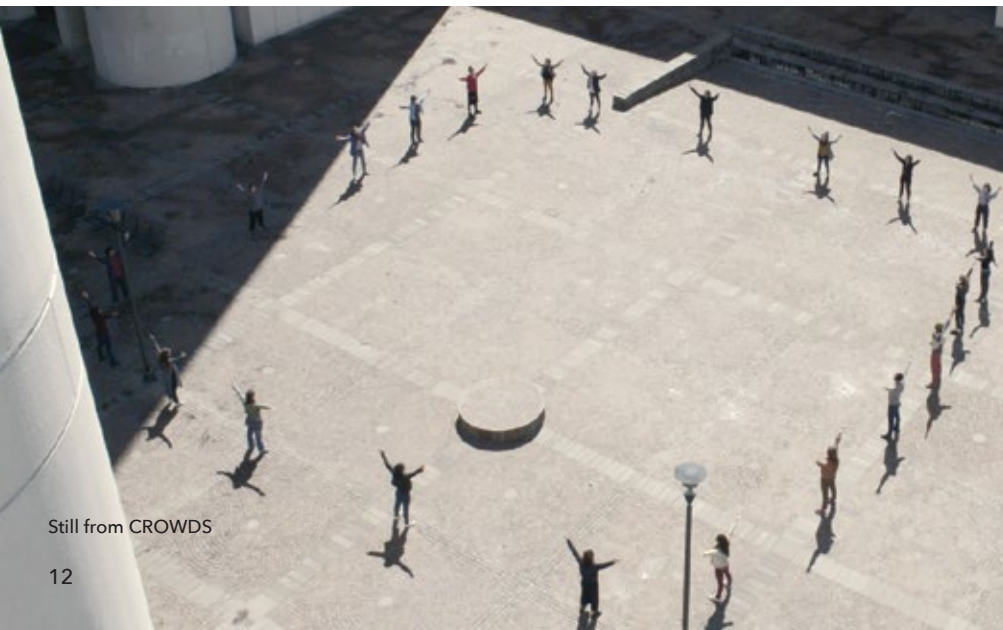
Artist Talks

Sarah Friedland (NYC): Choreographing the Social

THURS SEPT 17, 11AM PST

"Focusing on the processes of making my last three works - *Drills*, *CROWDS*, and *Home Exercises* - this artist talk will explore the methods of choreographic research and filmic performance at play in my hybrid filmmaking. Working in between dance, fiction, and non-fiction filmmaking, I stage and script bodies and cameras in concert with one another to elucidate and distill the undetected, embodied mechanics of social life and the body politic."

"Facilitating a research process integrating movements, gestures, and postures from cinema and archival footage, embodied memories, and contemporary dance languages, I choreograph through practices of interviewing, re- and pre-enactment, adaptation, and improvisational play, shaping dances with diverse communities of performers and movers – from professional dancers to cohorts of seniors and teenagers. This talk will consider and break down the way in which I bring these choreographic and filmic practices into contact with one another."



Still from CROWDS



Photo by Ella Cooper

An Interactive and Embodied Conversation with Ella Cooper (TO)

FRI SEPT 18, 11AM PST

Explore embodied practices for making short film and empowered photo based projects dedicated to positive social change and radical love.

Mark Valino (TO): Exploring Life and Movement Through an Improvisational Film Process

SAT SEPT 19, 11AM PST

Filmmaker Mark Valino shares his experiences, defining moments, and inspirations that led to the creation of the Moments of Movement video series. We explore things like developing a one shot improvisational filming method and challenges working with live environments. Valino dissects his unique approach to capturing the many “One of a Kind” moments of this extraordinary series.



Photo by Yvano Antonio



Photo by Pascha Marrow

Workshops with Commissioned Artists

Sound for Moving Images with Sasha J. Langford

SAT SEPT 19, 1PM PST

Drawing from Sasha's practice as a composer and interdisciplinary performer, this workshop aims to provide participants with reflective tools to use when composing and selecting music for dance, performance, and moving images. Through participatory exercises and group discussion, we will practice identifying specific sound qualities that can be useful to observe when pairing sound with movement, and look at how to translate abstract feelings or descriptive words into concrete musical ideas. Participants are welcome to bring ideas-in-progress to the discussion.

Exploratory Hour with Simran Sachar

SAT SEPT 19, 3PM PST

A physical and imaginative dance-based, creative, thorough self exploration. Pertaining to your own authentic movement and honouring where you are, and what you have, no matter what your dance background is. No labels. This class is a creative/freestyle based class. From a dreamy state to puzzling tasks, Sim will have you shedding old layers and breaking all the rules you thought existed.

Join this workshop before the festival's final screening to get into your bodies before viewing the premieres of our commissioned artists!



Photo by Dave Rogers

Opening Film

Before each screening, *Territory* by Jeanette Kotowich will welcome us into our Bodies, Breath and Spirits as we prepare to witness each program.



Territory

Jeanette Kotowich (Canada)

World Premiere

Duration: 7:24

Territory created by Cree/Métis dance artist, Jeanette Kotowich, is a short film that embodies territory and acknowledges land with the intention that those witnessing will be inspired to do the same. Filmed on the unceded, ancestral territory of the x^wməθk^wəyəm (Musqueam), Skwxwú7mesh (Squamish), and Səlilwətaʔt (Tsleil-Watuth) First Nations.

Created, filmed and edited by Jeanette Kotowich

*Tsilhqot'in Loon Song adapted by Cindy M Charleyboy
Taught by the late Madeline Myers*

MAKING SENSE

SCREENING 1

MONDAY SEPT 14 @ 5PM PST

To open the festival, experience four films that investigate our everyday life by exaggerating the relationship between colour, sound, and space. Immerse yourself in these processes and procedures, and enjoy the resulting sensory manipulation.

This screening will be followed by a 15-minute pre-recorded discussion with the artists involved in the films.



Still from *float*



YOUTH

float

Sofie Parsons (United Kingdom)

Canadian Premiere

Duration: 2:44

to float
 to hover on the waters edge
 neither sinking nor swimming
 to float you have to remain calm
 bouyant
 not be dragged under or relentlessly powering forward

float is further exploration of what it is to be on the brink of movement, where there is stillness but apprehension. Where something is about to happen or remnants of something that has been. This verge, this area where you float creates calm, creates a middle point. *float* is a short film made possible by Falmouth universities AMATA Edge Award.

Director: Sofie Parsons
Models: Yixuan Kwek, Stella Rae McAuley, and Zachary McCullough
Music: Jak McAuley and Kyle Seago



Sanctuary

All Bodies Dance Project (Canada)

Duration: 3:44

Originally created as a live, site-specific performance, *Sanctuary* is a dance re-imagined for the camera. The film features two bodies searching for calm inside the sounds and sights of an urban landscape. Harmanie and Rianne ask the question inside and outside their bodies: how can we create a sanctuary for an embodied experience in a public space? How does dance and embodiment change this public scene? And how are our bodies affected by the public gaze and by one another?

The second screening of this film plays next with audio description.

Dancer, Choreographer: Harmanie Rose and Rianne Svelnis
Editor, Videographer: Martin Borden
Producer: All Bodies Dance Project



Sanctuary

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This is the second screening of *Sanctuary* that includes audio description.

Dancer, Choreographer: Harmanie Rose and Rianne Svelnis
Editor, Videographer: Martin Borden
Producer: All Bodies Dance Project



YOUTH

21st Century Egg

Kaylee Louie (Canada)

World Premiere

Duration: 5:52

A short film featuring the duality of a single dancer and a lonely egg. With dance movement being inspired by the mild sufferings we find in our everyday lives, co-directors Josh Lam and Kaylee Louie pair up to showcase the unusual relationship between a moving body in turmoil to an egg that is being tossed, flipped, fried, and sometimes forgotten.

Director, Producer, Choreographer, Dancer: Kaylee Louie
Director, Producer, DOP, Editor, Foley: Josh Lam
Music and Sound Mix: Joel Lagemaat
DOP, Camera Operator: Martin Chan

Special Thanks to MACHiNENOiSY and Left of Main



READY-TO-ASSEMBLE

Denise Solleza (Canada)

Vancouver Premiere

Duration: 5:00

READY-TO-ASSEMBLE is a humorous take on ready-to-assemble furniture through the avenues of dance and the current ASMR internet trend.

Director, Producer, Choreographer, Dancer: Denise Solleza and Lauren Runions

Director, Producer, Cinematographer, Editor, Sound Designer, Colourist: Justin Wotherspoon



F-O-R-M 2020 AWARDS

F-O-R-M 2020 audiences will have an opportunity to vote for award winning films in three categories, with cash prizes going to the filmmakers. Thank you to our partner organizations SFU Woodward's Cultural Programs and Scotiabank Dance Centre for making these awards possible!

We want to know what films moved you. At the end of each screening, we encourage you to cast your vote for the films that moved you, surprised you, or made a lasting impression. Voting will stay open until September 20, and we will be announcing winners later that week! Learn more about the awards at f-o-r-m.ca/2020-awards



REALITY CHECK

SCREENING 2

TUESDAY SEPT 15 @ 5PM PST

Our second screening dives into non-traditional and vivid representations of reality. Each film offers a unique narrative that re-imagines how we comprehend and interact with our world, allowing us to reflect and question our conventional routines.

This screening will be followed by a 15-minute pre-recorded discussion with the artists involved in the films.



Still from *itsy bitsy*



YOUTH

House Wives

Crystal Star Finn-Dunn (Canada)

World Premiere

Duration: 2:23

House Wives is a non-domesticated play on the traditional housewife using our street style House dance. What is it that happens when four women come together for a house party?

Director: Crystal Finn-Dunn

Dancers: Ria Aikat, Crystal Finn-Dunn, Diana Iaboni, and Karyin Qiu

Cinematographer, Video Editor: Kevin Kim of Kit B Films

Music: Meute - Hey Hey (Dennis Ferrer Rework)



YOUTH

Tuesday

Ellie Bishop (Canada)

Duration: 5:06

Tuesday is a depiction of an unrelieved, suburban afternoon. It is different versions of the same people. It is the release of pent up energy with nowhere to go, nothing to do. Throughout creation we continuously made plans only to break them, experimenting with riffing off of each other and our space in unruly ways. We played with non-linear timelines, and the idea of being inconsequential to the outside world while being fully consumed by our own.

Dancer, Choreographer, Director, Editor: Valeria Perez and Ellie Bishop

Director, Cinematographer, Editor: Patricio Cartas



YOUTH

business of nothing

Danielle Long (Canada)

Duration: 4:02

A re-imagining of what formal can be, influenced by the absurdities we revel in throughout our childhood. As we grow older these instinctual actions of our youth may be deemed as unsophisticated outbursts or fade away entirely from being expressed. Indulge in the bizarre instincts of our innocence and do some sort of nothing for no particular reason. No one needs to know why we do it anyways.

*Director, Cinematographer, Editor, Sound Design: Danielle Long
Movement Artist: Alder Sherwood*



itsy bitsy

Lisa & JuJu Kusanagi/Kusanagi Sisters (Japan)

Canadian Premiere

Duration: 6:37

According to research, there are nine different types of intelligence: naturalistic, musical, logical-mathematical, existential, interpersonal, bodily-kinesthetic, linguistic, intrapersonal, and spatial. Kusanagi Sisters question alternative types of intelligence not previously defined.

Director, Producer, Choreographer, Performer: JuJu Kusanagi and Lisa Kusanagi

DOP: Annisa Amalia

Production Designer: Lisa Kusanagi

Editor: JuJu Kusanagi

Original Music: Maxwell Transue and Tony Denove

Production Assistant: Mitchell Gustin

OUT OF MIND

SCREENING 3

WEDNESDAY SEPT 16 @ 5PM PST

This screening is dedicated to inhabiting different zones of thinking, where we acknowledge the relationships we have with ourselves, each other, and our surrounding environments. Explore the connections made between these spaces, and how our perception is moved as a result.

This screening will be followed by a 15-minute pre-recorded discussion with the artists involved in the films.



Still from *Rhizophora*



YOUTH

depen|dance

Jasmine Liaw (Canada)

World Premiere

Duration: 4:45

Exploring a physical reliance and dependency within a collective environment, the first section of the film suggests that the dancers' relationship progresses through extended time and borrowed trust. Later countering each other's weight and creating independent choices that transform their energy into a rhythm state of movement, this piece animates the evolution of alliance between dependencies within ourselves and in comparison to others.

Editor, Assistant Director: Jasmine Liaw
Director, Cinematography: ELD Films
Dancers: Shayla Dyble, Rachelle Ashmore, Greer Holland, and Jasmine Liaw
Mentorship: LarchaudDance
Music: Andrewkn & XHALE_303



YOUTH

(E)MOTION

Mirjam Leutwiler (Switzerland)

Canadian Premiere

Duration: 9:33

(E)MOTION is documentary which focuses on the different aspects of competition and the effect on mental health. The subjects of this film talk about their mental health and their experiences with competition from both Gymnastic and Parkour perspectives. This documentary questions how we can find our way back to positive aspects of competition, grow resilient and leave behind anxiety, and free ourselves.

Director, Producer:
Mirjam Leutwiler
Camera: William Anselmi
Camera Assistant: Taiga Wakino
Audio: Tafry Ambadar
Editor: Sarah Greenwood
Animation: Ryan Lewin
Subjects: Evelyn Williamson,

Ava Fitzgerald, Danon Driscoll, and Isaac McFarlane
Athletes: Ava Fitzgerald, Danon Driscoll, Isaac McFarlane, Bradley Beneka, Spencer Barley, and Ted Tanchak



Rhizophora

Davide De Lillis, Julia Metzger-Traber (Germany)

Duration: 16:15

Dancing between waking and dreaming, a day seen through the eyes of eleven young residents of the Friendship Village in Vietnam who are living with disabilities caused by Agent Orange. As the film progresses we are welcomed ever deeper into their richly symbiotic world.

Director: Davide De Lillis and Julia Metzger-Traber

Co-creators and performers: "The Seeds of PossAbility"; Hương Đình, Mai Ngô, Long Nguyễn, Long Cảnh, Đô Lê, Tuấn Vương, Hơ Vỹ, Thu ận Trần, Lệ Nguyễn, Hóa Bùi, and Dung Hà

Costume: Mai Ngô

Camera, Translation Assistance: Đỗ Thu Hiền

Production Assistant, Cultural Translator: Jennifer Trang Nguyen

Editor: Katelyn Stiles

Sound Design: Barnaby Tree

Shot at Friendship Village in Hanoi, Vietnam

SFU WOODWARD'S CULTURAL PROGRAMS

**IS PROUD TO CO-PRESENT F-O-R-M 2020
AND TO SUPPORT THEIR
ONLINE PROGRAMMING!**



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Canada

35 Dancer Transition Resource Centre
Helping dancers make necessary transitions
retreat • reflect • evolve



Lee Erdman - IMMERSIVE CREATOR
dtrc member story

"The DTRC was vital in supporting me as I completed my thesis in VR Dance Film."

It is with sincere gratefulness that I thank the DTRC for all it's crucial support both personally and financially, and I continue to be deeply humbled by the existence of such a body of generous supporters of dance professionals."

ACTRA, CCA, Leo is an accomplished dancer, actress and choreographer with a BFA in Visual art and MA in Film, concentration VR. She has worked as a project manager in experiential event marketing for 5 years in Toronto, and has produced theatre and worked in film and theatre for most of her adult life. She is interested in the immersive intersection of art and tech, and especially in narrative VR and 360 3D.

Leo spent her master's exploring how theatre techniques can be used in immersive media story design and how movement professionals can help solve narrative spatial design issues in the sphere. Leo is also very interested in the somatic and embodiment aspects of working in the sphere, and the application of this toward building tools for health and wellness.

Ask us how you can join membership and access DTRC services and supports

- Career planning • Grants for transferable skills
- Retraining grants for parallel or second careers
- Workshops • Counselling: Personal, career, financial, academic and legal

Canada

Conseil des arts du Canada / Canada Council for the Arts

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COMPANY 605

company605.ca

Jessica Wilcox, Sasha White
Photo: David Cooper

PAST TENSE

SCREENING 4

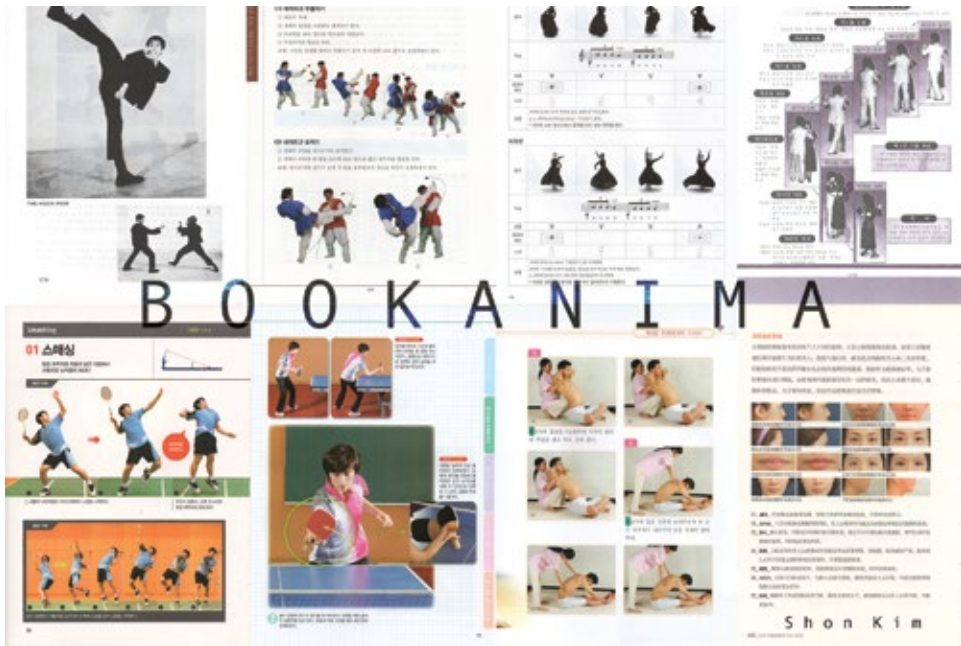
THURSDAY SEPT 17 @ 5PM PST

Our fourth night serves up a fresh take on reworking the past. Find out how nostalgia infiltrates and manifests visually through these **four distinctive films.**

This screening will be followed by a 15-minute pre-recorded discussion with the artists involved in the films.



Still from *Soup*



BOOKANIMA

Shon Kim (Korea)

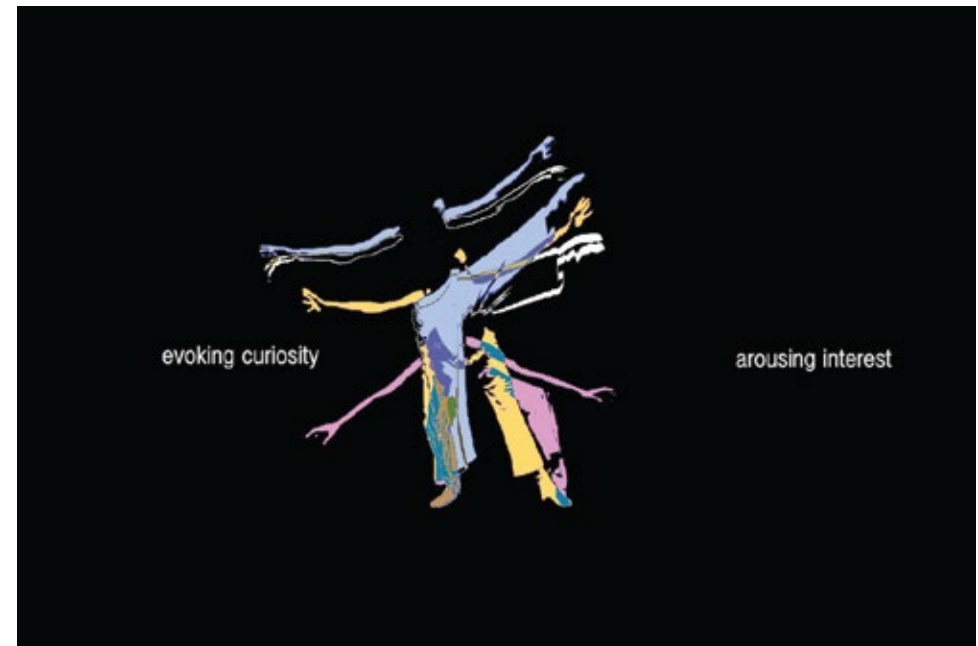
Vancouver Premiere

Duration: 7:31

BOOKANIMA, a compounding of the words 'book' and 'anima', is an Experimental Animation to give new cinematic life to the book. It aims to create 'Book Cinema' in the space between Book and Cinema by Chronophotography Animation, paying homage to Edward Muybridge and Entienne Jules-Marey.

It examines the locomotion of Dance along with its stream: Ballet-Korean dance-Modern dance-Jazz dance-Aerial Silk-Tap dance-Aerobic-Disco-Break dance-Hip hop-Social dance.

Director, Art, Sound: SHON KIM



Creative Process

Tamar Tabori (Canada)

Vancouver Premiere

Duration: 3:50

As isolation slowly but surely became the new normal, I found my creative process in a state of limbo. Creating content in any capacity felt forced, foreign, and fake. I looked for inspiration in things I had immediate access to: my old school journals. Filled with quotes and ideas shared by various professors and fellow students, I began to extract those specifically talking about and relating to "The Creative Process". Taken out of context, I began to find comic relief in the quotes, linking the words to make a sort of inner dialogue an artist may have.

Director, Dancer, Editor: Tamar Tabori

YOUTH



YOUTH

Soup

Corina Andrian (United Kingdom)

Canadian Premiere

Duration: 4:50

A soup made of souls melting in a gloomy afternoon, rekindling innocent connections through play. Is childhood the safest place where you can revisit memories? What happened when you broke a bowl for the first time as a kid?

Director, DOP, Editor, Co-choreographer: Corina Andrian aka Red-Cor
Performers, Co-choreographers: Beatrice Tudor and Mariana Gavricuc
Production Assistant: Cristina Tudor
Music: Amatis Chifu



YOUTH

Dumplings / 餃子

Kimberly Ho (Canada)

World Premiere

Duration: 7:08

Seemingly quotidian, there's more than meets the eye. Dumpling skin without filling is like a coin with only one side. It's everything and nothing. It's that thought on the tip of your tongue, forever receding from sight. *Dumplings / 餃子* is a visual mediation on how we hold two distinct things in tandem, to fully inhabit two seemingly opposite spaces. Is this the quintessential Asian diasporic experience? Is duality the difficult gift we are offered?

Director, Performer: Kimberly Ho
Cinematographer, Editor: Christian Jones

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Thank You Volunteers

We are so grateful to the volunteers who have helped make F-O-R-M possible this year. They've lent us their skills and time as Social Media Ambassadors, Festival Photographers, and Screening Support.



The Dance Centre
at Scotiabank Dance Centre

2020-2021 SEASON

Highlights include

Arash Khakpour +
Emmalena Fredriksson

Joshua Beamish/
MOVETHECOMPANY

Sujit Vaidya

TomoeArts

+ more

thedancecentre.ca

Photo: Arash Khakpour + Emmalena Fredriksson by Yvonne Chen



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#ShareYourFORM

We can't be together in person this year—tag us to share what your digital F-O-R-M experience looks like!

@formvancouver

TELLING TALES

SCREENING 5

FRIDAY SEPT 18 @ 5PM PST

Join us for a night of films that utilize storytelling in different ways. As each story unfolds, we see how movement is used to convey distinct and moving messages.

This screening will be followed by a 15-minute pre-recorded discussion with the artists involved in the films.



Still from *Lucid*



YOUTH

gukwdzi nua'quawa

Bo Dyp (Canada)

Duration: 5:50

Bo Dyp, a Musgamagw Dzawada'enuxw artist, dances to their elder, George Johnson's story. The story of how their ancestors came to this land – the story of four brothers and their father.

Director, Performer, Editor: Bo Dyp
Storytelling and Mentorship: George Johnson

Supported by Vines Art Festival



Ciudad Montaña

María Fernanda Rosas Velasco (México)

World Premiere

Duration: 4:35

A series of phenomena is caused when a group of workers moves among the artificial mountains.

Ciudad Montaña explores the process and components of deconstruction of the environment through the manipulation and displacement of artifacts and matter. This scenic work embodies forms of perception of the atmosphere we inhabit; it is the collective search for rhythms that influence the projection of space.

Film by Nobody

Director: Fernanda Rosas

Musicians: Q-SIÓN Percussion Ensemble (Samuel Reyes, David Cortés, Gustavo Villegas, Eusebio Sánchez, Antonio Castillo, and Jorge Serna)

Dancers: Mestizos Crew (Guillermo Treviño, Pablo Paz, Hector Méndez, and Yessica Gotcha)

Art Collaboration: 'Personal Instrument' by Mariela Gutiérrez

Costume: Doriz Álvarez

Lighting: Jonathan Rodriguez



YOUTH

Clouds

Anya Saugstad (Canada)

Canadian Premiere

Duration: 2:27

A Wednesday night process on 16mm.

*Co-director, Dancer: Anya Saugstad
Co-director, Cinematographer: Micah Henry
Music: Stefan Nazarevich
Additional Photography: Patrick Macht*



YOUTH

Al Bazarkh

Safa Ali Mudei (Canada)

Duration: 6:07

In Islam, there's a belief that when a person dies and has been put to rest in the grave, their soul gets separated from their physical body and goes into another realm where they are put through many trials of blessings or punishments; depending on what they did in their mortal life. This realm is called Barzakh. It is the Islamic version of purgatory. Follow the soul as they endure their own version of Barzakh.

*Dancers: Laxna Pathmanathan,
Tomiwa Adetoyese-Olagunju,
Martin Carino, Austin Goodier,
Matthew Morales, Shane
Nicole Tubog & Hassan Sami
Director & Producer: Safa Ali &
Katrina Castro*

*1st AD: Juliette Chan
Cinematographer & Editor: Katrina
Castro
BTS & Camera Assistant: Kayla
Pantas
Gaffers: Ian Simon, Lyza Manalo, &
Joseph De Los Santos
MUA: Dani Verayo*



Butterflies In Spirit

Lorelei Williams (Canada)

Duration: 7:20

The Butterflies in Spirit are a dance group of family members of Missing and Murdered Indigenous Women and Girls who represent their missing and murdered loved ones. In this piece they dance to two songs – Burn Your Village to the Ground and Sisterz. The first part of the piece is contemporary which are the spirits of Missing and Murdered Indigenous Women and Girls. The second part is the hip-hop piece which shows that we're still here, we're still strong, and here we are right now. The third piece is the traditional piece where we represent our different nations from across Canada.

Performers: Lorelei Williams, Lisa Monchalin, Shawnee Monchalin, Jacqueline Hanuse, Caleb Morin-Williams

Choreography: Sierra Tasi Baker (Burn Your Village to the Ground), Madelaine McCallum (Sisterz)

Mentorship: Cynthia Jim

Music: A Tribe Called Red/Neon Nativex Remix-Burn Your Village to the Ground, JB the First Lady and Chief Rock-Sisterz

Videography: Valley Tech Production Group LTD.

Video Director/Editor: Ian Low Videography/Camera Operator:

Casey Por

Audio Mixer: Shae Skerry

Audio Recordist: Dave

Dombrowski

Videography Assist: Ethan

Erickson-Lachance

Supported by Vines Art Festival



YOUTH

Lucid

Kin Nguien (Canada)

Duration: 3:26

Lucid is a dance narrative of a broken soul searching for the way out of the darkness and depression. The character encounters her anxieties and fears and eventually finds the strength to stand up for herself.

Dancers: Kin Nguien, Ayano Okubo, Bianca Asilo-ong, Carlo Macha, Jim Loc, Jonathan Yau, Joseph De Los Santos, Justina Li, Olyver Chris Yap, and Zoe Virola

Cinematographer, Editor: Katrina Castro

Assistant Director, Lights: Ian Simon



The Mystery of Now

Audrey Buchanan (USA)

Vancouver Premiere

Duration: 16:32

In the short film, *The Mystery of Now*, artist and Apache Skateboards founder, Douglas Miles shares socio-political context around the history that led to life on the San Carlos Apache reservation, and the personal history of how and why he started a skateboard brand and team of local youth leaders. His advice on cultivating resilience, creativity, and joy, provides guidance in a time that for many feels uncertain, polarizing and divisive in our living rooms and around our dinner tables.

"It's no mystery that the history of Native American people in this country has been overlooked, misrepresented and maligned to create a more heroic narrative for settlers to sell books, to sell land, and to sell movie tickets," Douglas shares. "In the middle of this cultural clash, stereotypes and battles for agency, one thing that has never ceased is Native creativity and the making of art. In our creativity we recreate ourselves, and in doing so we create and shape the world around us."

In his words, "this film is visual meditation about life on the Apache nation via lived experience of Apache Skateboards. It's a soulfully joyous glimpse into hard-edged lives of Native kids becoming artists, musicians, skaters, creatives, and leading in their community using art, music and skateboarding as a means of expression and power."

Director: Audrey Buchanan

Co-writers: Douglas Miles and Audrey Buchanan

Producer: Douglas Miles and Kaylee Cole

Executive Producers: Dream Hampton, Archie & Vijay Chattha, and Audrey Buchanan

DOP: Carlos Reyes

Editors: Carlos Reyes and Kevin Schlanser, with special guest Tommy Guerrero

Composer, Sound design: Alex Simon

Music Supervision: Kaylee Cole

Design and Animation: Daniel N. Johnson

Art Direction: Tyler Hicks and Oscar Reyes

Second Camera: Ale Villegas

Steadicam: Lewis Reif

Associate Producers: Tyler Hicks, Aj Offerdahl, and Ethan Lipsitz

Consulting Producer: Bobby Bailey

Sound Recordist: Alex Simon

Colorist: Carlos Reyes

Post Sound Mixer: Aaron Eberhardt

Legal Counsel: Adrienne Alexander

Skate Supervision: Doug Miles Jr. and Oscar Reyes

"I felt if I could create art that kids could use it would change the way we not only looked at art but would change the way we looked at our community and ourselves," Douglas says. "This film captures the joyous, yet open-eyed worldview that living on the res develops in young people."

COMMISSIONED ARTISTS' WORLD PREMIERES

SCREENING 6

SATURDAY SEPT 19 @ 5PM PST

F-O-R-M's Commissioning Fund is a program offered by the festival for youth and emerging artists to develop their creative voices through experimentation, collaboration and innovation. This year we are delighted to have a total of six new movement films from artists across Canada between the ages of 18-30.

Artists in this program are offered grants towards production funds as well as facilitation and equipment resources through our partner organizations Cineworks (Vancouver), Charles Street Video (Toronto) and Calgary Society of Independent Filmmakers (Calgary). Each artist also received a membership and equipment credit with the partner organization in their area. Artists received access to mentors Nancy Lee (Vancouver), Ella Cooper (Toronto) and Francesca Chudnoff (Toronto) to support their process along the way. These resources all went towards the creation of brand new movement films which will have their world premieres at this screening!

It has been so inspiring to witness the artists this year come together to create works that speak to each of them from such personal places. Especially in this time in history when our live arts sector has faced many cancellations, we are especially proud of these artists who continued to find innovative ways to propel their stories forwards given the ever changing landscape of our arts and culture sector. Each of this year's artists brought their fullest selves to the table; individuality, vulnerability and creativity that speak to thoughtful and challenging themes, asking us to question and reflect upon the ways in which we move through the world.

We hope you enjoy these works as much as we've enjoyed witnessing them being brought into fruition. Thank you and congratulations to all these artists for being a part of our fifth F-O-R-M Commissioning Fund Program.



Still from *Where We Meet*

Thank you so much to our Commissioning Film Partners: Cineworks, Charles Street Video, and Calgary Independent Filmmakers, without whom these projects would not be possible.



Live Commissioned Artist Talkback

Join us post-screening for a LIVE Q & A with the artists behind these films. The talk back will be facilitated by Nancy Lee; an opportunity to get acquainted with the artists behind this year's commissioned works!



YOUTH

INTIMATE AGGRESSION

Talia Woodland, Germain Carter (Toronto)

World Premiere

Duration: 7:57

INTIMATE AGGRESSION is the process of revealing your true self in a world where conformity is best. By way of natural movement, a story of understanding, freedom, and evolution is unveiled.

A film by Talia Woodland and Germain Carter

Music: Germain Carter

Special thanks to Estella Joan, Kareem.B, and Micheal Gouvis

Huge thank you to F-O-R-M for supporting artists and providing such amazing opportunities.



YOUTH

Zi Ji

Corinne Langmuir, Erin Lum (Vancouver)

World Premiere

Duration: 4:18

Zi Ji [zìjǐ, 自己], meaning 'Self' in Mandarin, is an introspective dance short depicting the ambiguous beauty of solitude. The film follows our protagonist as she navigates an intimately distant relationship with numbness. She is pushed into a period of self-reflection felt as bleak, lonely, and permanent, yet through emotional exploration the feeling of permanence wavers. This harrowing journey demands more of her than she has to offer. Surrendering, she comes to find loneliness is natural and solitude is man-made. She is purely nowhere.

Directed by: Corinne Langmuir and Erin Lum
Performed and Choreographed by: Erin Lum
Edited by: Corinne Langmuir
Music by: Mark Tan
Director of Photography: Belén Garcia
First Assistant Camera: Ethan Johnson
Production Assistants: Alanna Alves and Mark Tan

Special thank you to Robbert-Jan Brems, Nancy Lee, Adam Myhill, Valérie Poulin, Riley Schutz, Michael Shumiatcher, Mark Tan, and Sophia Wolfe.

Zi Ji is in Association with Danse Bloom.



YOUTH

LUNACY

Simran Sachar (Vancouver)

World Premiere

Duration: 6:45

A movement film about sexual abuse and rape and the haunting aftermath that take place inside and outside of a woman's body. *LUNACY* explores the expectations and image placed upon young women and their innocence versus what society really wants from this innocence. The aftermath contains how this experience shaped Simran's movement. From Simran's experiences, she brings you *LUNACY* from the very depths of the most honest corner of her heart.

Director, Movement Direction, Writer: Simran Sachar

Cinematographer, Sound Design: Mike To

Editing: Mike To, Simran Sachar, Katherine Baquiran, Eric Cheung

Assistant Cinematographer: Katherine Baquiran

Cinematographer for intro: Dallas McKinnon

Make-Up Artist and Hair: Sophia Gamboa

Movement Artists: Denise Yang, Katherine Baquiran, Sophia Gamboa, Sharon Lee,

Frankie Anne Warren, Melody Safavi, Lochlan Walsh, Eric Cheung

Special thanks to: Eric Cheung, Denise Yang, Mike To, Katherine Baquiran, Sophia

Gamboa, Sharon Lee

Space and Equipment provided by: Cineworks

A special thank you to Mama Kevin Fraser and Immigrant Lessons for instilling so much belief in me and reminding me I am endless as a woman. Everyone back home

at UV, for being a base. The Gypsy Project for changing me inside and out, forever. Eric Cheung for all his support. Sophia Wolfe for being the leader she is.

Thank you to my Mother, Father, Sister and Grandparents for the unconditional love. I love you mom and dad! And lastly: Little Simran, who went through all the things and lived to tell the tale.

A note from Simran: Thank you as you are about to listen to my story. Dark and real. Whoever you are, wherever you are I love you. If you are a survivor or know a survivor, you are welcome home. Even when it feels as if the world is not listening, as if all odds are against you... Now you know, if anything, you have me. I am listening. I encourage you to turn to these resources whenever you are ready:

VICTIMLINKBC: 1-800-563-0808

For anyone needing immediate support. Toll-free. Confidential. 24-hr hotline.

WAVAW: 604-255-6228

Services for cis and Trans Women. Two-Spirit, and non-binary people 24-hr crisis line, wavaw.ca

Male survivors of sexual abuse: 604-682-6482

Individual and group therapy for male survivors or sexual assault, and survivors in the transgender community. bc-malesurvivors.com



Habitat 86

Sasha J. Langford (Vancouver)

World Premiere

Duration: 3:30

Looking upon Science World from Habitat Island brings together an intersection of Vancouver's two defining mega-events from a single location. While both Expo 86 and the 2010 Olympics are popularly remembered for their contributions such as the Skytrain and Olympic Village, fundamental to the new visual environments produced by these events were the imposition of coercive mass evictions of low-income residents. Intervening within the conventions of tourist photography--a visual form produced for and by such mega-events – and with a tone between performative satire and realist documentary, *Habitat 86* reflects

upon Vancouver's legacies of urban displacement at the level of intimate embodiment.

Director, Choreographer, Sound Designer, Performer: Sasha J. Langford
Camera, Performer: Vivienne Bessette



YOUTH

Sunglow Gecko

World Premiere

Kendra Epik (Toronto)

Duration: 12:00

Sunglow Gecko is an exploration of introspection and an attempt to piece together fleeting moments of uncertainty. It is trying to understand what it feels like to learn something new for the first time. To make our own conclusions about objects that have already been claimed. As we search to find a shade of a colour that perfectly fits, what else will we discover? Does a conclusion reveal everything about yourself that you need to know? Maybe we already know what this is supposed to be like, but maybe we can decide for ourselves. Colour, shape, light, and texture tell a story that has been told many times, but it will be new. Nothing is

certain, everything is certain. If we start again from the beginning, will everything pan out the same?

*Direction, Production, Wardrobe, Choreography, Camera 1, Editor, Sound Editor: Kendra Epik
Composer, Camera 2: Daniel Katsoras*

Thank you to F-O-R-M for creating such an expansive platform for artists to explore and share their work. I have made so many connections since joining the program this year and I am looking forward to continuing to build these relationships beyond the festival. I am so grateful for this space. Thank you to my parents for being so supportive and to my partner Daniel, I couldn't have done it without you!



YOUTH

Where We Meet

Lexi Mellish Mingo, Karmella Cen
Benedito De Barros (Vancouver)

World Premiere

Duration: 15:00

Where We Meet is an experimental film exploring the Black femme body and its relationship to space through conscious movement on the unceded and unsundered territories of the Tsleil-Waututh, Squamish, and Musqueam people.

The story follows our protagonist as they navigate isolation and seek a sense of belonging in a conflicting and new environment. Drawing on themes of double consciousness and experimental embodiment, this story explores the relationship between Blackness and the environment

in which this concept exists. Drawing from community dialogue to address the filmmakers' own subjective relationship to public space as mixed race Black identifying people, this film intends to hold space for diverse experiences of Blackness in so called "Vancouver". In times where racial politics exist in every crevice of society, the filmmakers escape temporal confines by decolonizing our situated experience, delving into the untold past, dreamy memories and future imaginings.

Filmmaker: Karmella cen Benedito De Barros

Filmmaker and Mover: Lexi Mellish-Mingo

Music Composer: Isaia Dobbs

Mover: Janessa St. Pierre

Mover and Interviewee: Kafiya Mudey

Interviewees: Felix-Marie Badeau, Chelene Knigh and Rubie Smith Díaz

International Movement on Screen Festival

Celebrating the body in motion through film



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